



How To Be An Ally To Indigenous Peoples

Care for the Earth
Give thanks frequently

Respect and support Indigenous sovereignty

Learn about treaties

Remember that treaties are
the Supreme Law of the United States
(Article 6, US Constitution)

Demand that our nation honor its
treaty commitments

Consider future generations in all your actions

Question and resist stereotypes
including team names and mascots

Learn about and reject the "Doctrine of Discovery"

Reach out to your Indigenous neighbors

Slow down and listen more than you talk
Notice where you are

Live with gratitude

Live lightly on the earth

Work to end global warming

Support renewable energy
Stop hydrofracking, dirty coal and uranium mining

Don't co-opt Native cultures or ceremonies
Return sacred objects

Read and promote the UN Declaration on the
Rights of Indigenous Peoples

Celebrate Indigenous Peoples' Day
every October 12

Learn about the people indigenous
to wherever you are

Read Native Authors • Support Native craftspeople,
businesses and events

Remember that all beings (animals and plants)
are your relatives not your resources

Appreciate the diversity of nations,
cultures and people